

Our Family Prayers



For Children

The following prayers were written from memory based on what I learned from my family and my religious education: *Sign of the Cross, Prayer Before Meals, Bedtime Prayer, Guardian Angel Prayer, Family Prayer, Our Father, Hail Mary, and Act of Contrition.*

All other information and prayers were written by me, with the help of the Holy Spirit, based on the experiences of my personal faith journey.

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OurFamilyPrayers.com

About Prayer

Prayer is how we talk to God.

We can talk to God like we do with our family and friends.

We can talk to God out loud or we can just think our prayers.

Some things we say when we pray are:

We thank God for what we have.

We ask God to help us.

We ask God to help other people.

We tell God we are sorry if we did something wrong.

We can pray anywhere and at any time because God loves to hear from us!

About God

There is only one God.

God is three persons.

God the Father

is the creator of everything.

God the Son, Jesus Christ,

lived with us and taught us
about the kingdom of heaven.

God the Holy Spirit

is always with us and will help us
make good decisions, if we ask him.



Sign of the Cross

In the name of the Father,

and of the Son,

and of the Holy Spirit.

Amen.



Morning Prayer

Thank you God
for all the blessings
you will give me today.

May all my thoughts, words, and actions
glorify you.

Amen.

Prayer Before Meals

Bless us, O Lord, and these thy gifts,
for which we are about to receive,
from thy bounty through Christ, our Lord.

Amen.



Bedtime Prayer

Now I lay me down to sleep,
I pray the Lord my soul to keep.

May angels watch me
through the night,
and wake me with the morning light.

Amen.

Guardian Angel Prayer

Angel of God,
my guardian dear,
to whom God's love commits me here.

Ever this day be at my side,
to light, to guard,
to rule, to guide.

Amen.

Put your
family picture
here

Family Prayer

God made us a family.

We need one another.

We love one another.

We forgive one another.

We work together.

We play together.

We worship together.

Together we love all people.

Together we grow in faith.

Together we serve our God.

Thank you God for all of my family.

Amen.



Our Father

Our Father,
who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.

Amen.



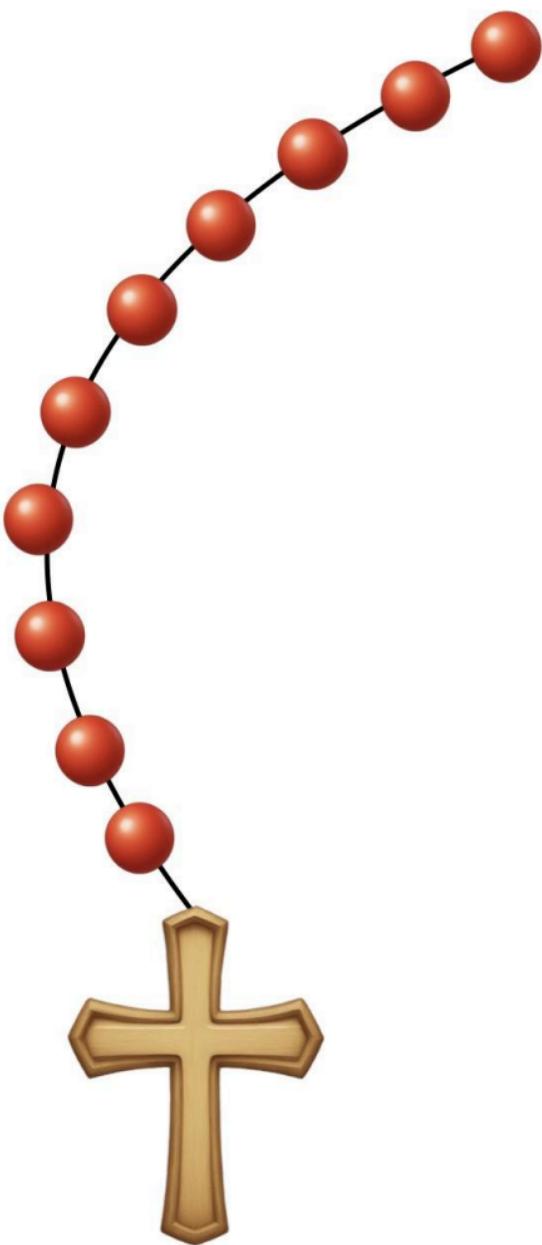
Hail Mary

Hail Mary,
full of grace,
the Lord is with you.

Blessed are you among women,
and blessed is the fruit
of your womb, Jesus.

Holy Mary,
Mother of God,
pray for us sinners,
now and at the hour of our death.

Amen.



Mary

Mary is the mother of Jesus and loves him very much. Mary likes when we pray to Jesus using the Rosary.

When we pray the Rosary, we say the prayers and think about Jesus.

A Rosary for Children

1. Make and say the Sign of the Cross
2. Hold the Cross and say the Our Father
3. Hold each bead and say the Hail Mary
4. Make and say the Sign of the Cross



Saint Kateri

A saint is someone in heaven who loves God very much. Saints are part of our Church family. We can ask the saints to pray for us.

Saint Kateri was liked by her Mohawk Tribe. When she became a Christian, they teased her and were mean to her. She loved them anyway and would pray for them.

**Saint Kateri,
please pray for me
that I will love and pray for all people
just like you.
Amen.**



The Bible

God talks to us through the Bible.

Here are a few things he tells us.

God loves all children

and wants them to come to him.

God wants us to treat others

the way we want to be treated.

God wants us to be good

and obey his rules.



The Ten Commandments

God's rules for how we are to live,
also called commandments,
are in the Bible. Here are ten of them.

1. Love God more than anything else.
2. Say God's name with respect.
3. Honor God and go to church on Sunday.
4. Respect your father and mother.
5. Don't hurt anyone.
6. Don't cheat.
7. Don't steal.
8. Don't lie.
9. Respect the marriage promise.
10. Don't be jealous of what others have.



Love and Sin

God is love and God wants us to love.
Sin is when we don't love, and we don't do
what God wants. God wants us to be...

humble, not prideful

sharing, not greedy

loving, not selfish

patient, not angry

moderate, not excessive

kind, not mean

active, not lazy



Act of Contrition

My God,

I am sorry for my sins with all my heart.

In choosing to do wrong,

and failing to do good,

I have sinned against you

whom I should love above all things.

I firmly intend,

with your help,

to do penance,

to sin no more,

and to avoid whatever leads me to sin.

Amen.

**God forgives you and
God loves you always!**



Prayer of Love

O God, I love you
with all my heart,
all my soul,
and all my mind,
and I love my neighbor
as myself.
Amen.

