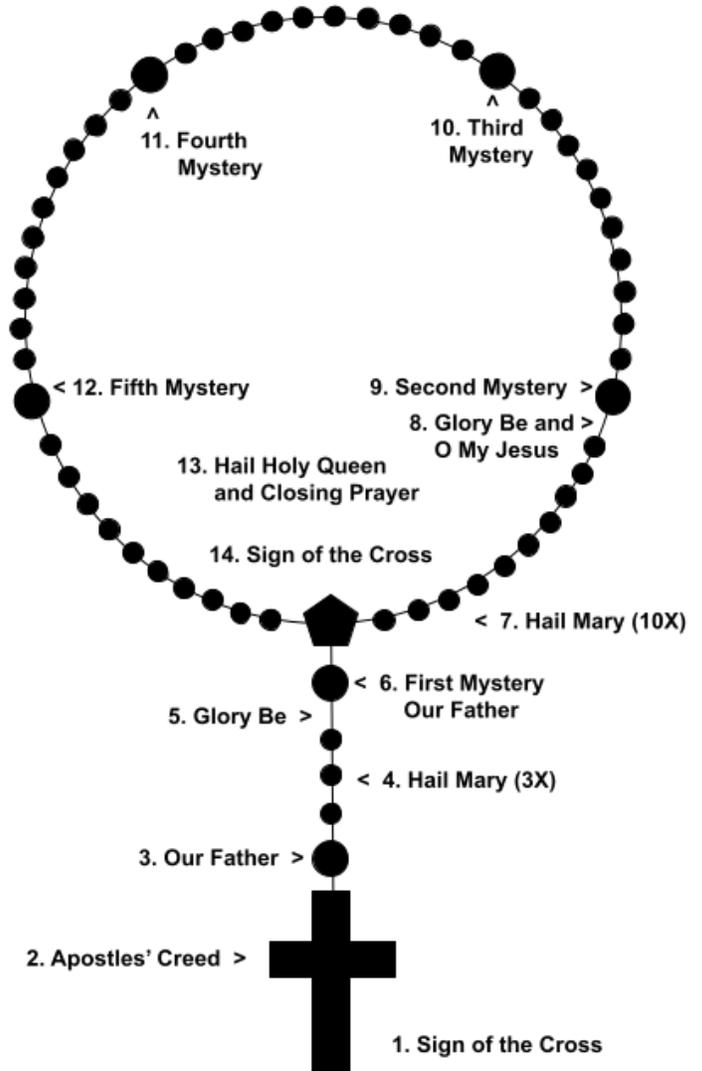


# How to Pray the Rosary

1. Make and say the *Sign of the Cross*.
2. Say the *Apostles' Creed* holding the Crucifix.
3. Say the *Our Father* on the first bead.
4. Say the *Hail Mary* on the next three beads.
5. Say the *Glory Be*, no bead.  
Next are the five decades. These decades focus on a set of events, mysteries, of the life of Jesus. Choose any set of mysteries. Those who pray the Rosary daily may follow the pattern outlined.
6. Announce the first mystery then say the *Our Father* on the next bead, before the medallion.  
Skip over the medallion to the first set of 10 beads.
7. While saying 10 *Hail Mary* prayers, one on each bead, meditate on the first mystery.
8. Say the *Glory Be* and *O My Jesus*, no bead.
9. thru 12. Repeat for the next four mysteries.
13. Say the *Hail Holy Queen* and the *Rosary Closing Prayer* on the medallion.
14. Make and say the *Sign of the Cross*.



## Mysteries of the Rosary

### Joyful (Monday and Saturday)

1. The Annunciation
2. The Visitation
3. The Birth of Jesus
4. The Presentation
5. The Finding in the Temple

### Luminous (Thursday)

1. The Baptism of Jesus
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

### Sorrowful (Tuesday and Friday)

1. The Agony in the Garden
2. The Crowning of Thorns
3. The Scourging at the Pillar
4. The Carrying of the Cross
5. The Crucifixion

### Glorious (Wednesday and Sunday)

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation

## Sign of the Cross

**All.** In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## Apostles' Creed

**V.** I believe in God, the Father almighty, creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell, and on the third day he rose again from the dead. He ascended into heaven, and is seated at the right hand of God, the Father almighty. From there he will come to judge the living and the dead.

**R.** I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## Our Father

**V.** Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven.

**R.** Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

## Hail Mary

**V.** Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

**R.** Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

## Glory Be

**V.** Glory be to the Father, and to the Son, and to the Holy Spirit.

**R.** As it was in the beginning, is now and ever shall be, world without end. Amen.

## O My Jesus

**V.** O my Jesus,

**R.** forgive us our sins. Save us from the fires of hell. Lead all souls to heaven, especially those in most need of your mercy.

## Hail Holy Queen

**All.** Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

**V.** Pray for us O holy Mother of God,

**R.** that we may be worthy of the promises of Christ.

## Rosary Closing Prayer

**V.** Let us pray:

**R.** O God, whose Only Begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary, of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.